



Covid-19 Practice Guidelines

*Sanger Warriors Board of Directors
May 2020*

MESSAGE FROM THE SANGER WARRIORS BOARD OF DIRECTORS

Sanger Warriors' Families, we are pleased and excited to announce that we are re-opening. All operations are now fully functioning and working in accordance with local, state, and federal requirements. It has been a long wait and many of us are anxious to move back into some form of normalcy. First, realize that the safety of our players, families, coaches, and anybody involved with the Sanger Warriors brand is of the paramount importance and will continue to be. We are not rushing back and will only follow our own timelines that serve your interest first.

As the state and county start opening up, we recommend and advise caution. We would hate to see or contribute to a spike that causes further more lasting restrictions. Below we have outlined guidelines, recommendations, and suggestions so that our girls can start to play at a speed that we all feel comfortable and safe with. With the following outlined below we are pleased to announce that practice and play can begin on Monday, June 1st. Please adhere and be extra cautious when it comes to these guidelines. Remember that we are more than just ourselves and we should protect and respect what we have. We are counting on you to be honest and aware. We look forward to seeing you on the field as we begin to play ball.

These guidelines will be in place from June 1, 2020 until a date to be announced by the Board of Directors. Anybody gathering under the banner of Sanger Warriors will be required to adhere to these guidelines. If you have any questions, please contact us at SangerWarriors@gmail.com or visit us online at www.SangerWarriors.com.

Go Warriors!



1. Pre-Practice

- a) A provided screening must be completed with each athlete, before every practice:
 - Cloth masks are required before and during the screening. Masks can only be removed after passing the screen and sanitizing hands.
 - If any player fails the screen, they must leave practice immediately and be advised on the measures required for return to practice. The failed screen must also be reported to the board of directors.
 - After passing the screen, the player must sanitize their hands before taking the practice field.
- b) Touch free thermometers will be acquired for each team planning to return to practice:
 - Anyone found to have a temperature over 100 must be sent home and cleared to return at the next practice.
 - Temperatures will be taken before the start of each practice during the screening process.
- c) Sufficient stock of hand sanitizer and disinfectant spray/wipes available for each practice.
- d) Any player can be sent home at the discretion of any coach at any time during practice.

2. Practice Attendees and Parents

- a) It will be the parents responsibility to ensure anyone dropping the athletes off understands and complies with the new rules.
- b) ONLY players and coaches will be permitted on the field.
- c) Parents or persons bringing kids to practice will wait in their cars or sit along the outer fence.
- d) Cloth masks must be worn for any non-player or non-coach coming in contact with members of the team and the coaching staff while in the general vicinity of practice:
 - Communication with coaches and staff will take place over the phone or through web conferencing. Do not expect to communicate with the coach while they are on the field; before, during, or after practice.
 - Masks will not be mandatory for the team or coaching staff during practice, while on the field, and after passing the screen.
- e) At the end of each practice, the coaches will provide the team on Healthy Hygiene practices and Safety & Sanitization practices.

3. Social Distancing during Practice

- a) Dugouts will not be utilized:
 - Bags and gear will be stored 6' apart along the fence.
- b) 6' separation during activities, drills, and warm ups as much as possible:

- Team discussion will adhere to 6' separation.
- No huddling.
- c) Batting:
 - Batter will not face the catcher once in the box.
- d) Base running:
 - Runners and fielders must be extra cognizant of each other to eliminate any collisions.
- e) No high fives or any other form of physical celebratory contact.

4. Sanitization and Precautionary Measures

- a) All Athletes must bring their own means of hydration
 - No sharing.
- b) All Athletes must bring their own gear
 - No sharing.
- c) Players can sanitize their hands anytime they feel it is necessary.
- d) Coaches can call for sanitization of hands or equipment anytime they feel it is necessary.
- e) Any collisions will require both parties to sanitize.
- f) No spitting or anything in mouth during practice:
 - No Gum, Seeds, or anything else.
- g) Players will refrain from touching their face or mouths during practice.

5. Honesty, Safety, and Beyond Practice

- a) During this period of time all practice is voluntary and only those that feel safe and want to participate by following these guidelines are encouraged to:
 - No one will be punished for missing practice voluntarily
 - No explanation is needed for missing practice
- b) Ensure that the girls are comfortable enough to communicate that they are scared or nervous about practice or a drill:
 - Any opinions by parents or players that differ from taking the safest route possible will result in that player being sent home.
 - Coaches are encouraged to engage players about Covid-19.
- c) Anyone found to be positive for Covid-19 will be communicated with the local health authorities.
- d) Tournaments, Friendlies, and any other gathering not normally labeled as practice will need to be approved by the board of directors.